

BRIDGES

SPACES:

Wheelchair-accessible home anything but institutional **P. 6**

ON THE SCENE:

At the VIP reception before First Aid for Mental Health **P. 14**

FOOD:

Gorging our way to glory inside the world of amateur eating contests **P. 22**

WEDNESDAY, MAY 14, 2016

A STARPHOENIX COMMUNITY NEWSPAPER



POETRY IN EMOTION

JANINE AHENAKEW AND SERENA GAMBLE ARE TWO OF BILL ROBERTSON'S INDIAN TEACHER EDUCATION PROGRAM GRADS TO SEE THEIR BEST WORK IN PRINT **P. 8**

READ MY BOOK

DENNIS KAMINSKY

Read and Teach books engaging for young readers

After working 35 years with the federal government, I took an early retirement in January 2003, as a result of the 2002 budget which drastically cut our organization. I took this as an opportunity to do something different, because as "one door closes, another one opens."



Dennis Kaminsky

I'm now pursuing a totally different career as my retirement. That of a children's book author and I have four children of my own and have taught Sunday school for more than 30 years, so I had an appreciation for working with young children. I have always had a creative side, writing personal poems for anniversaries, birthdays, Christ-

mas and

My series is called Read and Teach Books: all color and books which follow the same format, as a poem story followed by a question on each page relating to the subject matter.

This engages the reader and child as two easy conversations, and hence, "read" and "teach." As young children have short attention spans, the Read and Teach books are short, yet filled with bright colorful pictures on each page to draw a child's attention. A short verse and the question which provides the opportunity to engage in an educational conversation between the reader and the child makes reading an exciting learning experience.

Topics include day to day subjects that children will be eager to learn. For example, Read and Teach About Numbers. Read and Teach About ABC's. Read and Teach About The Zoo and Read and Teach About Travel. More topics are coming.

While I had written the first two (ABC's and

Numbers) and had a talented friend, Deon O'Flower illustrate them for me, I am both writer and illustrator of my two recent eBooks The Zoo and Travel, and will continue doing both with future books. My books are available as eBooks only at this time, and cost no period at all.

I have had positive reviews from teachers, daycare workers, the entire school and parents. With the move to electronic devices parents can carry an entire library of books on one small device rather than the hundreds of books scattered around when our children were young.

I find e-readers are convenient and make a great educational tool for children. We use schools using the electronic world as well.

I hope my story provides encouragement to others to pursue their dreams, whatever that may be.

The Read and Teach series are available as eBooks on Amazon and on my website: www.readandteachbooks.com.

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ON THE COVER PG. 8



Larissa Akeasari, one of Bill Robertson's creative writing students in the Union Teacher Education Program, reads for people at the authors' book launch at The U of S in April. BRIDGES PHOTO BY MICHELLE BERS.

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Ashley Martin competes during the Virginia Farmers' Market celebrity pie-eating contest on Aug. 29, 2013. Photo courtesy of Ashley Martin.

BRIDGES COVER PHOTO BY MICHELLE BERS

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IN THE CITY

MAY 11, 2014 — 2:45 P.M.

The beat goes on



Dispyr Koushish dances in the drum, song and dance circle at the Staffordshire Farmers' Market during Compassion 306, part of the City Choice of Staff Shakers Drum and Viola Courtyard. Compassion 306 connects the week at Tiben's most Living Senses center the Market of Compassion, sacred wind painting. www.staffordshire.com Photo by MICHAEL HILL

Kinsmen Riverfront Home Lottery offers Grand Prize Showhome with a view

TICKETS ARE LIMITED!

This year's Kinsmen Home Lottery offers a Riverfront Grand Prize Showhome with what may be the most coveted view in the city. Designed and built by Lane Homes, the \$11.5 million home sits directly across from the star of 1176 Spadina Crescent.

"No luck would have it, we had some offers come forward with houses this year and it was a pretty easy pick when this one was put on the table. This was hands down the best choice with this location. It seems we made the right decision as tickets are already over 50% sold," says Al Cusack, chair of the 2014 Kinsmen Riverfront Home Lottery.

The home boasts 3,000 square feet of luxurious finishes over three floors. The amenities start outside with three spacious decks — two with views of the beautiful river valley and all the way.

The main level is open concept with a natural gas fireplace and vinyl seating area, making it perfect for entertaining friends. The pantry, with unique built-in stone entrance and a wall of shelves, adds a contemporary edge.

The upper floor is done in an elegant palette of charcoal greys and crisp whites. On the main level, bright yellow accent pieces provide stylish splashes of colour. A wall of red brick separated from an aluminium Chicago mesh screen adds colour and a sense of history. Wide-plank hardwood flooring in light grey provides the perfect backdrop to grey furnishings.

Upstairs, a large window and door lets tons of natural light into a small reading nook, where you're not outdoors on the small upstairs deck to enjoy that fabulous view once again.

A custom ceiling and one-of-a-kind architectural feature to block in the bedroom adds more luxury to the space. The home has three bedrooms upstairs and one in the basement, plus a gym. That's right. You don't have to leave the house to stay in shape.

Not only will you get to catch one of the prize at parsonage in the city, you'll enjoy the home fully furnished and professionally decorated and landscaped.

In addition to all the lovely appointments, 1176 Spadina Crescent is also a Holmes Approved Home. With Allie Holmes' stamp of approval, you know the house is well built right from the foundation up. Built to the highest standards of quality with durable and sustainable products, Holmes Approved Homes continue to exceed industry standards.

Aside from the luxurious home and desirable location, there are other exciting prizes to be won.

To get in on the Early Bird Prize — a 2014 Dodge Ram 1500 57 Crew Cab and a 2014 Acura T22 model boat or \$90,000 cash — you'll have to get tickets by midnight, June 12. The Early Bird Prize draw goes June 25.

For those who crave some adrenaline, there are also vehicles to be won: a 2014 Ducati Multistrada 1200cc Touring or a 2014 Harley Davidson Street Bob or \$18,000 Cash. Another vehicle prize offers the choice of a 2014 Sea-Doo 20R 213 and Trailer or a 2014 Can-Am ATV Outlander 650 X or a \$10,000 Cash.

If you're wanting a more exotic experience, there are four vacation packages to be won: Amsterdam or Porto Venere, Las Vegas or Vancouver, San Diego or New York City, and Toronto or Las Vegas.

Other miscellaneous prizes include fitness equipment, golf, home theatre, camera gear, Scotchwhisky, Roughtons prints, fishing packages and retail gift cards.

While grabbing your tickets for main prizes, don't forget to take advantage of the 30-30-60 Club. The winner will take home half the pot and who knows how big a win that will get this year.

The Home Lottery reminds the Kinsmen Club's biggest fundraiser each year. Buying a ticket means you're committing the support of many local charities, organizations and sports clubs.

"The funds themselves go back to the community," Cusack explains. "We serve the community's greatest need. That's our mandate."

The Club supports many local sports organizations, but Cusack says the focus is on youth who wouldn't otherwise have the opportunity to play or be involved.

Some of the charities and organizations supported in 2013 include Creative Kids, Hope Centre, Green Neighbourhood, Kinsmen Soccer Centre, Kinsmen Day at the Zoo, Special Needs Shopping, Special Needs Movie Day, CHOP Good Food Inc., Adapt-A-Family and others. To learn more about how the Kinsmen Club of Saskatoon supports our community, visit www.KCSC.ca.

Allie Cusack, "We appreciate the community support. We couldn't do what we do without the community. It's really the residents of Saskatoon that make this happen."

To get your tickets online visit www.kinsmenhome lottery.com. Order by phone 24/7 by calling 306.652.9500 or toll free 1.888.546.7636. Tickets can also be ordered by mail after downloading and printing the official ticket request form at www.kinsmenhome lottery.com. Or, you can purchase them at the Showhome or any of the prize suppliers.

The spectacular Riverfront Grand Prize showhome, 1176 Spadina Crescent, is open 5:30 p.m. to 9:30 p.m. weekdays and noon to 6 p.m. weekends and holidays.



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SPACES

Spaces celebrates beauty both indoors and out. If you have a living space we should highlight email bridges@thestarphoenix.com

SASKATCHEWAN'S BEST SPACES

Accessible but not institutional

By Ashley Martin

WHO? Bryen and Bev Wilson. Bryen is a physical therapist, and Bryen was a camera man for CBC before his illness forced him to stop working.

WHAT? They whether their accessible home which was custom designed with the help of Heather McGraw, of MyLife4Home.

WHERE? Regina's new Harbour Landing neighbourhood in south Regina.

WHY? They started considering their options eight years ago, said Bev. "We realized eventually, sooner than later, we needed something. We knew we were getting close to the wire."

WHY? Bryen has Parkes Weber Syndrome, a rare vascular disorder. It evolved from using a cane to a walker to a wheelchair. As his torso and hips became more restricted, it became dangerous to walk around.

"It's kind of like when you fall asleep on your arm and you wake up with that same kind of circulatory pain, that's what it's like," Bryen explained.

He's been in his chair for six years, which is about the time they started considering building a custom home.

In the meantime, they adapted their house in Lakeside, a two-chain street location.

The township had four steps to enter the house, then one step up from a dropped entryway. Temporary ramps were installed at both points.

While Bryen was at work, Bryen's makeshift kitchen consisted of an armchair and a cooler filled with food — the real kitchen was too narrow for his chair.

"I was took the door off the bedroom (which could get in)," Bryen said with a laugh, "but basically (the house) wasn't going to work. And I think everybody in that position if you are thrown for a loop."

"We could have modified the house, but we were getting rough estimates of a quarter-million (dollars), which is not unusual at a lot of equity — so we decided why not build?"

four-year process. They approached Muna Homes because Bryen is a friend who works there. The design took the better part of a year to work out.

After it was done, the Wilsons visited a near-vacant public parking lot and snipped out the house using their grandchildren's sidewalk chalk. Bryen stood around the marked lines "I said to double-check" that their design would work for his chair. It did, but they hit a snag: that the northwest Regina lot they'd chosen wasn't sloped enough for the design, a main-floor front entry with basement walkout into the backyard.

Luckily they found a lot in Harbour Landing that worked perfectly.

The Wilsons had several considerations for their home. They had to find flooring that would withstand the "small piano" weight of Bryen's chair. (Spaces did the trick, allowing dancing and a warm look.)

Bryen's list has to be checked most of the time, so having enough room to manoeuvre was important.

Choosing a space that was welcoming and didn't look institutional was a big factor too.

"Two live disabilities are alike. You could be a power chair or a manual chair and they're completely different heights, so you can't just walk around say, build one a wheel chair house. It depends on the individual," said Bryen.

Energy efficiency was also important to them. They've included solar panels, spray foam insulation, LED lights, high-efficiency appliances and a tankless water heater.

"You could heat the house with one of these small electric heaters if you wanted to," said Bryen.

The Wilsons have lived here 1 1/2 years and it has been life-changing for them.

Bryen can access every part of his home including the kitchen. The high counter has an inset area underneath gives him space to prepare food. The fridge has a refrigeration drawer above the bottom mount of freezer to more easily access certain items. The dishwasher is induction so it can't burn his arms. A door filler bar near the stove means not having to sit a pot on the stove.

"You're buying stuff that is costing you just have to rethink a lot of it," said Bryen.



SPACES PHOTO COURTESY OF HEATHER MCGRAW

HOW? Getting their new home built was a

SPACES

There are lots of other helpful features. The shower has an remote control, he can drive his drier into the shower thanks to a ramp and a water dam, the electrical box is low enough for him to reach it, a camera and microphone system at the front door means Bryan no longer needs deliveries.

He can access the basement two ways. A ramp next to the house leads to the backyard but, more conveniently, their home has an elevator in what

could be mistaken for a closet near the front entrance. It has a battery backup so Bryan can't stand if the power goes out. Independence is the best part about their new house, said Boy.

"I [Boy] can actually go out of town for a couple of days and feel confident that I am safe, that I can look after myself and before I was shunned. I was dependent upon my home care," said Bryan. Boy encourages everyone

to think long-term in their own homes — considering extra space for life's unpredictabilities.

Wider hallways and doors "make it so much easier even if you only just need a walker at some point," said Boy. "Even putting in a little closet on each floor right above each other and then you have room for an elevator in the future." "Just leaving a little extra room," said Bryan. "You never know."



ON THE COVER

Far from the negative comments that are made about First Nations people, these people are vital members of our society. — *Bill Robertson*

INDIAN TEACHER EDUCATION PROGRAM

Course turns aboriginal students into authors



Jane Anisoles, Michael Gordon, Bill Robertson, Setha Gamble and Ian Horne. They were all Robertson's creative writing students in the Indian Teacher Education Program. **ANISOLAS PHOTO BY MICHELLE HING**

By Andrea Hill

Most of the students who walk into Bill Robertson's creative writing class have never written a short story or poem before.

Some take the class because they

want an English credit, others because they've heard Robertson's cool guy.

But regardless of how they ended up in the class or what they produced, all are now published poets with bylines in the new anthology *Where I'm*

From *TRIP Creative Writing*.

The 300-page book, which was compiled and edited by Robertson, contains at least one poem from each of the 120 students in the Indian Teacher Education Program who have taken his class since 2005.

Robertson said the book exposes eyes his students — many of whom never imagined they'd be able to publish something — and fights against stereotypes surrounding aboriginal students.

"To read a book like this and see

the range of experiences and subject matters and style and taste — I can't help but say to myself 'wow,'" Robertson said. "Far from the negative comments that are made about First Nations people, these people are vital members of our society."

We were all worried about judgment from our peers.
—Janine Ahenakew



Dr. Robertson speaks at the ITSP Creative Writing anthology book launch at the City of Saskatoon on Wednesday.

Robertson said many of the students in his University of Saskatchewan class came from families impacted by the residential school system and held "a basic distrust of the education system." As such, Robertson said he goes out of his way to make a safe and comfortable environment where his students can share their stories and be told what they have to say is worth saying.

The themes of the published poems "range all over the map" and include discussing traditional Aboriginal experiences — such as working on trap lines and taking part in pow wows — to describing how it feels to be a lone, intermingling the joy of shopping class and exploring

the margins of sport.

"And, most of all, through a great deal of this work there is a sense of both love and city taking fun at all and at the same time, a sense of what Native people often did then, when living on their own land, now occupied by lines, institutions and a culture not their own," Robertson wrote in the preface of his book.

Robertson said that while his students come from a range of backgrounds he is "dared surprised" by how good their work is and is confident his book can stand against those published by more established authors.

Continued on Page 10



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To be published, for me, it really tells that little girl inside that you are special and you are talented.

—Serena Gamble

Janine Ahenakew

Blaming Cherry Whiskey inspired by Hard Luck Woman, by Kiss

The beat takes me back
to a time I won't forget
swaying on the dance floor
alone and soaked in sweat
I can't control the waves
flowing through my hips
lyrics so hypnotic that
I'm mouthing between sips
sweet cherry whiskey
I'm drunk and double-fisted
I should've found a partner
but I was scared to miss it
the words mean nothing
but the beat revives my soul
must have thought no one saw
in my dress black as coal
cause I drank myself sexy
I simply have no shame
dancing all seductive
cherry whiskey is to blame
I can't believe I did that
what's worse is I remember . . .
the last time I got loaded
on the 31st of December

Janine Ahenakew

Class of 2006-09

After Janine Ahenakew and her friends found out that they had to take a creative writing class as part of their English requirements, they were terrified.

"We were all very scared, we were very self-conscious about the sharing part because we found out that no one was going to be writing and then no one was going to be sharing our work," she recalled. "We were all worried about judgment from our peers."

Fortunately for Ahenakew, her fears proved unfounded. "Glennbeckson assured us it was going to be fun and it was," she said, adding that the class provided a phenomenal opportunity for students to bond because they all had to share significant personal feelings and experiences.

Ahenakew's published poem, "Blaming cherry whiskey," tells the story of a young woman getting drunk on New Year's Eve. The poem, which has written on a napkin while Ahenakew was in hospital, is "about being conscious, being vulnerable and being real to who you are."

Ahenakew, 30, lives in Black Lake, about an hour north of Saskatoon. She works for the Saskatoon Tribal Council, coordinating home construction for members of small children.



Janine Ahenakew wrote her poem "Blaming Cherry Whiskey" on a napkin while in the hospital. Photos: photos by Michelle Wong

Serena Gamble

Class of 2012-13

When Serena Gamble wrote a small article for her local newspaper several years ago, she was overcome with the excitement of being a published author and dreamt of writing her lyrics elsewhere. That dream was realized this spring with the publication of Ahenakew's anthology and Gamble says it has fueled her desire to continue writing and looking into ways of publishing her work.

"To be published, for me, it really tells that little girl inside that you are special and you are talented," she said.

Gamble has three poems published in the anthology and she also penned the cover stanza which depicts an Aboriginal woman sitting contemplatively before a dream catcher.

Gamble's personal favorite poem, "Pioneering with a line by Jessie Strong," looks at the lives of the homeless. Gamble said she sets these poems every day in downtown Saskatoon, looked down on and ignored by most of society, and she wanted to capture their plight in words.

"Everybody has a story," Gamble said . . . even the most overlooked.

Gamble is one of the few people who has read the full anthology cover-to-cover and said she is humbled by the quality of work that appears in the book.

"There are so many voices here on many stories, and it just fills me with a sense of pride that these are my people, my First Nations people," she said. "There's so much talent out there, and it needs to be celebrated."

Gamble, 30, lives in Black Lake, about an hour north-west of Saskatoon and is still a student at the University of Saskatchewan. She hopes to teach English and creative writing to students of her own lineage.



Serena Gamble penned the cover stanza on the CD/DVD Dreaming poetry anthology. Photos: photos by Michelle Wong

There's so much talent out there, and it needs
to be celebrated. —Serena Gamble

Poem beginning with a line by Sarain Stump

*And there is my people sleeping . . .
On the street.
Broken.
Squandering faith.
Injecting salvation.
Drinking sorrow.
Rock bottom?*

"Well, at least the bottom of a rock is someplace."

*Discordant choir.
Begging for change.
Wailing past.
Consuming present.
Tomorrow?*

"Hey man, I'm only trying to survive this
minute."

*Floating aimlessly.
Haunting this world?
"Nobody gives a f--- about me. I'm still here."*

*Hope?
"My ears are deaf to the sound of my heart."*

*Ghost Dancers on the street.
Get up from your concrete beds.
Pour yourselves out from your bottles.
Eject your souls from your needles.
Wake up from the coma.*

Authentic Amish Cooking



Copyright © 2014 Serena Gamble

Choco-Scutterbotch Cookies

- 1/4 C. Butter or Crisco
- 2 Eggs
- 1 C. Creamed Plus Sweet
- 1 C. Milk Chocolate
- Chocolate
- 1/4 C. Pecans, chopped

- 1/4 C. Brown Sugar, packed
- 1 pkg. Yellow Cake Mix
- 1 C. Bittersweet Chips
- 1/4 C. Semi-Sweet
- Chocolate Chips



Combine shortening and brown sugar. Beat in eggs.
Add rice tea slowly. Mix until well blended. Stir remaining
ingredients one at a time. Stir until blended well. Press 2"
spoon on greased cookie sheet. Bake at 350° for
10 minutes in solid lightly browned.

Homemade Barbeque Sauce

- 1 qt. Tomato Juice
- 1 White Large Onion,
chopped fine
- 1/2 Bell Pepper
- 1/4 C. Soy Sauce
- 1/4 L. Peaches

- 1 L. Liquid Smoke
- 1/4 C. Wine Vinegar
- 1 L. Celery Seed
- 1 L. Ground Onions
- 1/4 C. Woodchuck Sauce
- 2 Bay Leaves



Bring to boil, turn heat to low. Simmer 7-8 hours stirring frequently until thick.

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Native literature and storytelling and poetry is a method for aboriginal people to express themselves personally, spiritually, mentally and even physically — Ian Worme

Michael Gordon

Class of 2007-08



Michael Gordon's poem captures his mental state when he directed *Indecent* photo by MICHAEL REED

When Michael Gordon found out that two poems he'd written six years ago were slated to be published in Robertson's anthology, he was over the moon. "I never thought this would be possible in my life," he said. "I didn't think I would ever get something published. It feels really good."

Gordon said he'd never doubled in creative writing before taking Robertson's class, and only signed up because Robertson was teaching. "There's never a dull moment in his class. It's always funny and if creative writing wasn't possible to be that way then it was something I would do."

His favorite published poem, "1 and 2 and 3 and 4," explains his mental state and discipline as he sometimes has self in drowning — something he did regularly while he was a student at ITSEP.

Gordon, 25, is from George Gordon First Nation, about two hours north of Regina. He now works as a manager at a Rialto in Saskatoon and keeps an electronic journal to maintain having his writing skills.

1 and 2 and 3 and 4

Eighth notes beating in my head
Keeping time I concentrate
Ride and crash with my arms spread
My foot and heart palpitate

With my soul I play this beat
A primal instinct summoned
White flames, they envy my heat
Warrior sense awakened,

Wood, steel, and skins shielding me
Waves of thunder I can lack
To most this could look tricky
Like Zeus, I throw out this lick

Some say it's from the devil
People chant and cheer for more
Timing that is punctual
1 and 2 and 3 and 4.

Ian Worme

Class of 2007-08



Ian Worme is one of the poets featured in *Where I'm From: Aboriginal Poets in the Midwest* photo by MICHAEL REED

Robertson's creative writing class was a real fit for Ian Worme, who has always been interested in poetry and literature. His published poem, "Hell," explores a handful of menacing moments as a filter — an informal post-punk party that gives aboriginal youth a chance to let their hair down, have a drink and enjoy each other's company. "I thought it would be funny," Worme said.

Worme said he's "grateful" to be represented on Robertson's anthology, which he sees as a powerful platform to share the voices of the province's First Nations people.

"Native literature and storytelling and poetry is a method for aboriginal people to express themselves personally, spiritually, mentally and even physically," he said.

Worme, 25, is originally from Regina. He is now the aboriginal acknowledge facilitator with Greater Saskatoon Catholic Schools.

Where I'm From: ITSEP Creative Writing 2007-2013 is for sale from the University of Saskatchewan bookstore and MidNite Bookstore Bookstore on English Street in Saskatoon

There will be a launch of *Where I'm From* at MidNite Bookstore on May 14. Contributions to the anthology will read from the collection.

ITSEP: thetopendowment
Further: csmidnitemid

Ian Worme

Hell

Another Earth's best beat
Pier now and all summer long
Drums beating the Creator's song

Make a ritual or two
Crab your star blanket
Snapping on tonight
Wipe her soft and tight

"My cousin wants to know if you'll go out with him. I don't have rights there, we?"
"No, not even left here."
"I wish that she doesn't even want you."
"Anyway, she won't even give anyone —
— close on from. Is a male another word?"

Gathering from dance past midnight
Anonymous always sound the same
Across the floor was in a room with night
"ORA. Alright high noon. Sleep away!"
"Yoko, we have a lot like boy each a funny note."

Four or five in the three water city
Two heads bouncing in the back
Grown roots and the old rusty bombs leaving the way
"I wish this boy, we had left outside the back."

"I told him not to let it on the edge. Please down too fast, always."
"It's ok. Victor, but it's always right behind him always."

"He can't be lost here mean in his Glide. He'll pick up Wilcox."

Locations glow all around
Keith Seals and I've been Carrying to lead
Twenty to thirty and so on in the field
Our long party and some a child

Lower fighting, here, lower kissing there
"Dan I like. Deborah, who's her name?"
"I told you minutes, you're the only one for me."

How charming her, snapping there
"Back you first, you're not styles no more."
"Well, come on from. Is a male sound too?"

Don't I realize anyone
They're still there and from always
Making their marks on the mud day
We're all having the 4th day



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ON THE SCENE

FIRST AID FOR MENTAL HEALTH VIP RECEPTION

First Aid for Mental Health entertained, educated and inspired while helping people consider how mental health issues affect their workplace. Sam Corbett, drummer for Saskatoon's successful rock group, The Shapadoes, shared his story at the Ratty Theatre on May 14. He's played for thousands of fans and been on the cover of Rolling Stone. But he's also struggled with anxiety for years.

The event raised \$9,000 for the Canadian Mental Health As-

sociation (CMHA) — Saskatoon branch. Shavina Nelson, director of sales and marketing at the Shapadoes, was the emcee, while Sandy Bantz, labour union CMHA Saskatoon, emphasized the importance of mental wellness at work. Jeff Richards provided the entertainment.

Bridges was on the scene at the VIP reception held at Little Bird Pottery and Anthropology.

BRIDGES PHOTOS
BY MICHELLE BRIDG



ON THE SCENE



1. Victoria McNally and Julia Alkaskas



6. Jennifer Showchuk and Theresa Kelpotnick



7. Shweta Simpson and Dorcas Ruf



8. Ann Wasechuk and Dianne Moritz

3. Jennifer Mok and Jason Norani

4. Welly Klassen and Hilary Nielsen

9. Allen Martin and Sam Corbett

5. Shawn Magnus and Deb Jurgens

10. Mike Betty and Glen MacGowan

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Box Office
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Directed by Mark McConell
Music Director: Michael Burt
PolishCorp

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← **FLORAL TANK DRESS**

The spring line-up from L'Espresso and Aesop includes this cotton tank with dress designed in Canada and printed in Nepal

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\$58



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ON THE SCENE

HOME ON THE RANGE GALA

Everyone had a fun night good time at the Home on the Range Gala May 10 at Polo Field Park. Doing Pannocou got everyone out of their seats and two stop-ons after dinner. Money raised will go towards the Sherbrooke Community Center's capital projects at the long term care home. A Memorial (major road improvement) they do so! with programming a four season

gardening program and the Java Music Club which offers riders the opportunity to share their experiences. are some of these projects. Sherbrooke and Central Huron are home for 330 residents along with 150 community day program participants.

**BRIDGES PHOTOS
BY DEREK MORTENSEN**



ON THE SCENE



1. Sam Craig, Jeff Rice and Bryan Levenski

2. Arny Parovik and Ranny

3. Eric Olsson and Donna Lyn Thomsen

4. Jim Benwell and Dorcas Kohn

5. Brett and Macleanne Archibald and Doug and Carol Gieser

6. Menzies at the kiosk/booth

7. Cheryl George, Ken Albert, Leslie Schelle and Arley Walter



8. (From right) Praveed Redrakrishnan, Terry Bergan, Coleen-Cameron Bergan, Ben Archibald and Susan Beatty

9. Taw and Mike Delaney



Nuts About Nature At Beaver Creek Conservation Area

Hi, kids! My name's Chip, and I live at Beaver Creek Conservation Area. Visit any backyard with your family and friends and enjoy some time away from the city. (Horse a lovely Nature Activity Kit-Pac and like a trail... nuts about!)

Guess what, kids? You can send your questions to me at the address below.

Dear Chip,

How long does it take a beaver to cut down a tree?
Marionne

Dear Marionne,

The time it takes a beaver to cut down a tree really depends on the kind of tree and how thick the trunk is. Our long sharp incisors (front teeth) allow us to cut down a 7.5 cm diameter aspen in only 5 minutes! Aspen trees are our favourite food and we need to eat about 900 grams of aspen bark a day to stay healthy. Willows have very soft wood. A 12.5 cm willow can be taken down in just 3 minutes! Birch trees, like the aspen, have harder wood and a 15 cm birch takes about 10 minutes to chop down. Some of the bigger trees that we beavers tackle are more than 65 cm thick and require several nights' work. Bracing our flat, leathery tails against the ground and fanning our heads sideways, we gnaw toward the centre until a widening "C" shape sends us scattering for cover. Once the tree is on the ground, we cut off the branches, haul them to the water, and float them to our lodge or den. We only use the leaves and bark for food and use the leftovers for building materials.

Send your questions to me at the address below, then watch Bridges for the answers.

Your pal, Chip

Public-Leslie Avenue South

12 km on Highway #210

Beaver Valley

Phone: 507-241-1111

Website: www.bvcc.ca

E-mail: marionne@bvcc.ca



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OUTSIDE THE LINES

Colouring contest

Each week, Stephanie McKay creates a drawing illustration meant to please kids of all ages.

Children can colour the page, have a picture taken with the finished product and email it to brodian@thecolorphoto.com. One winner will be chosen each week. Please submit entries by Monday at 9 a.m.



Last week's contest winner is
Dustin Homer.
Thanks to everyone who
submitted entries!



#CROSSWORD

NEW YORK TIMES Edited by Will Shortz

ACROSS

- 1 Taylor attention getter
5 Hendrix souly
9 He sure wants for this
14 Andrew Penn made lead
15 James who was a controversial fighter
16 Mike once a case
17 It might a contract
18 Car back
19 ... seventh
20 Will Smith book
21 Cartoonish v.s.
22 Capital of Italy stretched
23 Movie after Jennings
24 Chicago Corporation
27 Was on both sides of
28 First derby miss
31 Award present
36 A few one to bust the sheet
37 Question asked by a students officer or a kid on a first trip with a friend to his parent's shared bedroom
48 "The Miracle" accessory
49 "Dicks I know it" it
49 Prepare for a tap, in subgoal

DOWN

- 1 Letter assignment
2 Headed the photographer only
3 17 subunit
4 Blasting stuff
5 ... stage
6 Gendered pronouns
7 "40" may follow
8 Future dealer
9 Belonged
10 Higher sound
11 Problem of a disconnected exact
12 Proposer's prop?
13 He sometimes have decorations from 1908 to 1933
14 Color block
22 Derby derby need
24 Roosevelt Deal command
25 Beliefs
26 When requested team-mates are
28 N.C. Jew passed to Park and killed son
31 Band composition
32 Producers for short
33 Deal happened on a ring
37 "Holy cow!"
38 "State of Thruway" method
39 After the while
40 "The last..."
42 ... Paris (pastoral friend)
44 6400

JANRIC CLASSIC SUDOKU

Level: GOLD

All in the puzzle can appear only once in each row, column and 3x3 block. Use logic and process of elimination to solve the puzzle. The difficulty level ranges from Bronze (easiest) to Silver to Gold (hardest).



Sudoku to the crossword puzzle and the Sudoku combo found on Page 21

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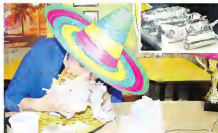
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FOOD



Ashley Martin eats her heart out during Taco Del Mar's first Cinco De Mayo burrito-eating challenge. PHOTO COURTESY OF TACO DEL MAR BIKINI

(Inset Photo) A regular burrito burrito looks small next to the five-pound burrito. GOVIEWS BY KAREN WATSON

Big River Days in Saskatoon, about 10 kilometers southwest of Regina, is having its first chili cheese dog-eating competition on July 26, as hostess of Cancer Gas character Janet Lang.

Last year's dozen competitors learned hard lessons at Riverfront 19th Avenue in Saskatoon, where the Dog's Breakfast 14-ounce hotdog competition has become a tradition every August.

Whether it's for fundraising (like the letter free event), or just for fun (like the one), the colorful eating contests are gaining in popularity.

While edacious events have always been a staple of state fairs and the like, then says his, their Phoenix changed the game.

In 1944, the Conny Island, N.Y., hotdog stand hosted its first competition. Legend has it it was a fight between four contestants to prove who was most patriotic.

This year's winner ate 10 hotdogs, a polky ass compared to today. Last year at the same event, Jerry Christman ate 10 hotdogs in 10 minutes. It was his second straight win in the competition, which has grown considerably since the 1980s, when 1000 the contest has been broadcast on ESPN.

Christman holds records in 20 of 198 Major League Eating categories, including such specific categories as superdog (10 hotdogs and 875 ounces in 10 minutes) — so people 100 have contests with healthy foods, popcorn poppers (118 in 10 minutes) and popcorn (24 pounds in 10 minutes).

As a full-time competitive eater, 30-year-old



Ashley Martin enjoys her victory over the Taco Del Mar Cinco De Mayo burrito-eating contest on May 2, 2014. PHOTO BY KAREN WATSON

Christman has an estimated net worth of almost \$700,000.

Well-eating contests are not without their risks. In 2005, a man choked to death in a chicken wing eating contest at a Regina bar; two years later a woman in London, Ont., choked to death during a marshmallow eating contest.

www.thefoodcontest.com
Twitter: @foodcontest

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walk • run • boogie • 2k • 5k • 10k

Sunday, June 8, 2014

We need volunteers for:

Thursday, June 5 • Saturday, June 7 • Sunday, June 8



All volunteers will receive appreciation, an appreciation party and a Bridge City Boogie 8 t-shirt. Volunteers for the Bridge City Boogie 8 are needed for a pair of shoes and extra clothing of transport. The volunteer's reward is a reward of \$200 and the staff at the event will be the winner with the best shoe for the best.

For a complete list of available positions
and to register, please visit
www.bridgecityboogie.ca

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EVENTS

What you need to know to plan your week.
Send listings with photos (if available) to
bridges@thestarphoenix.com

MUSIC

Wed., May 13

Dick Mulcares
Buds on Broadway,
817 Broadway Ave.

**Atmosphere w/ Proof and
Dem A Los**
O'Brien Event Centre,
240 Second Ave. S.

Thurs., May 15

Mama Band Freight Train
Crackers Restaurant &
Lounge,
1-227 Phoenix Dr.

Self Evolution
Buds on Broadway,
817 Broadway Ave.

Songwriter Night Part II
The Basement,
202 Fourth Ave. N.

**267 w/ Sex Preacher and
Cpt. Pickard**
Vampiro Tavern,
601 Broadway Ave.

Jeffrey Strider
The Listening Room,
9-1025 Boychuk Dr.

Fri., May 16

Men Without Shame
Buds on Broadway,
817 Broadway Ave.

**Plano Friday: Martin
Jennings**
The Basement,
202 Fourth Ave. N.

The Bachelors
Army & Navy Club,
389 First Ave. N.

Slightly Off-Centre
Mukaly's Saloon,
2300 Eighth St. E.

The Rhythmheims
Fairfield Senior Centre,
193 Fairview Ct.



Dallas Grier, centre of City and Colour will perform at Coast Union Centre on Sunday. **ALL PHOTOS BY CHRIS WILSON**

Footloose
Tops Town Tavern,
9530 Fairlight Dr.

Future Forests w/ Ravens
and **Pandora in Japan**
Vampiro Tavern,
601 Broadway Ave.

All Mighty Venice
Amigos Cantina,
632 10th St. E.

Jett Run
Starr's Place,
106-110 Ruth St. E.

Animal Nation & Capital
Magpies Pub,
33-395 Eighth St. E.

Self Evolution
Flagship & GVR,
9403 Highway Dr. N.

Sat., May 17

Men Without Shame
Buds on Broadway,
817 Broadway Ave.

The Bachelors
Army and Navy Club,
389 First Ave. N.

Les Savignettes
Northern Legion,
3021 Louisa St.

The Lost Keys
McKully Robinson.

2300 Eighth St. E.

**100 Mile Dile Child Abuse
Awareness Show w/ Night-
rite**
O'Brien Events Centre,
241 Second Ave. S.

**Hotdishes—w/ Mystery Squad,
Bachelors and Silent Era**
Vampiro Tavern,
601 Broadway Ave.

**Sean Dando w/ Kate John-
ston**
Amigos Cantina,
632 10th St. E.

Jett Run
Starr's Place.

106-110 Ruth St. E.

Sun., May 18

**City and Colour w/ Half
Moon Run**
O'Brien Events Centre,
35 S. Thatcher Ave.

Kelly Reed
Buds on Broadway,
817 Broadway Ave.

Neko Case w/ The Dodos
O'Brien Events Centre,
241 Second Ave. S.

**Blue Doves' Code w/ One
Big Late**
Rock Bottom.

8348 Broadway Ave.

Mon., May 19

Sounds Like Audio Art Festival
presents **Members w/
Stone Street and Pulswitch**
Vampiro Tavern,
601 Broadway Ave.

**Herlen Pepper w/ Zachary
Lucky**
Village Guitar & Amp,
432 20th St. W.

Tues., May 20

Sabrina Wells
Buds on Broadway,
817 Broadway Ave.

EVENTS

#ART

Musical Art Gallery

Until June 27 at 950 Spadina
Chris E. David Theater
Read This and Other Over-
sights and School Art, art by
200 students in Saskatoon
schools. BEC Artists for
Artists Membership Pro-
gram, Mary Lenzman and
Joel Jancard. Through 1940
which is June. Until June 15
Reproduction continues for
Summer Art Centre for ages
six to 12. Camps are offered
July 7 to August 22. Call Troy
at 308-970-5487 or email
tjancard@musicalart.ca to
register.

Fixed Arts

May 16, 8 p.m., at 424 20th
St. W. Choir of Confusion
by Kyle Whitbread. A Sound
Like Audio Art Festival (later
event). A generative image
and sound based expanded
cinema performance. In-
augurations by Sam Lashun
and James A. A dialogue be-
tween two computer-gener-
ated animation videos that
were created across a span
of four years. The gallery is
at 424 20th St. Web: news-
western.ca. In. Tasting
to Friday, and room to 4 p.m.
Saturday. Visit: pvedarts.ca.

Dorion Dugrove Gallery

Until May 18 in room 191 of
the City of Saskatoon Building
Confront. New works by
inhabitants of Saskatoon
Native and Settlers.

SOYAP Gallery

Until May 23 at 202 Third
Ave. S. Suspense by Jane
Breith. Motherly Two series
of works exploring different
media. Reception on May 11, 6
p.m. to 11:30 p.m. INC CYCLE
23. Also exhibiting the
Velours by Ole Pollock. May 20
to June 30. Reception May
29 7 p.m. to 9 p.m.

Rizzio Museum & Gallery

Until May 23 at 185 Third



Dechelo by Janice Stefan on display at the Ukrainian Museum of Canada.

Anc. West in Rizer. Annual
Adjudicated Art Show
and/or on display. Adjudica-
tion by Denise Krekile. May
24, 1:30 p.m. Watercolor
workshops by Krekile May
23 and 24. Call 346-1645-
3451.

Affinity Gallery

Until May 31 at 413 Broad-
way Ave. Where River Meets
Sky. Works from Aboriginal
and Métis communities in
Saskatchewan. Coincides
with the Aboriginal Artists'
Symposium. In Saskatoon
May 23-31. Reception May
24, 7 p.m. to 9 p.m.

**Colours Bakery & Restau-
rant**

Until May 24 at 728 Broad-
way Ave. Pencil Power, new
works by Cindy Hestrich-
Pelloni.

The Stall Gallery

Until May 26 at City Parks,
801 Seventh Ave. N. New
abstracts by Art Corcoran.

Centre East Galleries

Until May 26 at The Centre
West's Festival display in
the Royal Gallery. Children's
Festival display in the Jade
Gallery. Photos by Spill. It
Photo Art in the Amber Gal-
lery. quilt display by the Men-
nonite Central Committee in
the Stone Gallery. photos by
imagery in the Crimson Gal-
lery. art display by Redfern
Hawd College students in
the Mondri Art for LIFE pro-
gram in the Lavender Gallery,
a display by the Saskatoon
Public School in the Mueska
and Indigo Galleries.

The Gallery/Cat Placement

Until May 26 at 228 Third
Ave. S. Recent works by
Douglas Bertram. Bertram
creates abstract, construct-
ivist sculptures.

**Handmade House
Showcase**

Until May 31 at 710 Broadway
Ave. Trophy. Works by per-
tainer Jeffrey Taylor.

**The Gallery at Frances Mer-
rison Central Library**

Until June 5 at Frances
Merrison Library. Canadian
Paints by Jay Mendel.

Revel Arts

Until June 6 at 424 20th St.
W. Inauguration by Sam
Lash. A dialogue between
two computer-generated
animation/videos that were
created across a span of four
years.

Oldenbaker Canada Centre

Until June 6 at 101 Dalrym-
ple Rd. A Queen and Her
Country. This exhibit com-
memorates the Queen and
Juliana of the Majesty Queen
Elizabeth II from an antipar-
tisan Canadian perspective.

Muska (Ukrainian Museum)

Until June 15 at 222 Ave. M S.
Pysanky (Easter egg) paint-
ings by Anna Baras.

**Ukrainian Museum of
Canada**

Until June 28 at 910 Spadina
Cres. E. Moved by the Spirit:
Artist's Interpretations
on the Life of Jesus. A
multimedia exhibition
featuring the works of 12
artists.

**Humboldt and District
Museum and Gallery**

Until June 28 at 601 Main
St. in Humboldt. A Local
Perspective, paintings and
sculptures by Toni Ambrose
and Sandy Chatsman.
Exhibition photography by
Gregg Heide, runs until June
28.

AKA Gallery

Until July 4 at 424 20th St.
W. I laughed, I cried, I split
my side. Works by Kyle Swell,
Tina Kyles, Christina Hayes
and Shariel Papp.

St. Thomas More Gallery

Until July 26 at 1627 College
St. Shaven Cank. Prints and
References. Photography
by Sharon Gieske.

Ordinary Women,
Extraordinary
LIVES



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EVENTS

FAMILY

Parent and Tot Yoga

Wednesdays at the Farmers' Market at 10 a.m. Led by Denise Skotum and her grandson. For parents with children ages 16 months to three-and-a-half years old. Admission is free with a suggested donation to Virginia Yoga for Youth. Bring a mat and snacks.

Mom and Baby

Wednesdays until June 4, 10 a.m. to 11:30 a.m., at Legends Centre in Wexham. Learn, share and connect with other moms and babies in your community. Learn from local experts about a variety of topics for modern moms. Visit www.momconnections.ca/saskatoon.

Stare and Strollers

Wednesdays, 9 a.m., at Centre Cinema in The Centre. Choice of two movies each week. A baby-friendly environment with lowered volume, dimmed lighting, a changing table and stroller parking in select theatres.

Singing with Sylvia Muski Classica

Wednesdays until June 4, 11 a.m. to 11:45 a.m., at John Doka School. Fun, four-week sessions for kids ages 3 to five. With music, action, games, puppets and instruments. To register call 306-473-2963.

Saskatoon Peaceful Parenting Group

May 14, 10 a.m. to 12 p.m., at the Pregnancy and Parenting Health Centre, 348 Third Ave. S. For any family seeking to relate their children peacefully. A different topic each month. Children are welcome.

Fun Factory Indoor Playground

Daily at 1633C Quibus Ave. A point indoor playground for young children. Adults



Alford Parent and Tot Yoga Wednesday at the Saskatoon Farmers' Market at 10 a.m.

and children under age five are free. There is a separate fenced-in area for children under two.

Children's Play Centre

Daily at Lawson Heights Mall. A fun, safe, environment for preschool children today. Please note this is an unsupervised play area, and adults must stay with and supervise children at all times.

Market Mall Children's Play Centre

Daily just off the food court at Market Mall. This play area is free and has different level slides. Children must wear shoes in the play area.

Scouters

Thursdays, 9 a.m. to 11 a.m., October to May, at Emmanuel Baptist Church, 1636 Auelin Dr. Parent supervised playgroup for kids ages one

to six. Indoor play equipment, games, colouring, dress-up, coffee/tea for parents. Registration on arrival. Call 477-1234.

Breastfeeding Cafe

Thursdays, 10 a.m. to 1:30 p.m., at Westside Primary Health Centre, 3011 Fairlight. On a drop-in support group for breastfeeding women. Sessions will be facilitated by a lactation consultant with a brief education presentation and time for interaction with other mothers.

Movies for Mommies

Thursdays, 1 p.m., at Rainbow Cinema in The Centre. An intimate, family-friendly environment with reduced sound, orange tables, best viewing and stroller parking.

Recipes for Success: Family Cooking Class

Thursdays, 4:30 p.m. to 6:30 p.m., and Saturdays, 1 p.m. to 3 p.m., through May at this Saskatoon Food Bank and Learning Centre, 202 Ave. C. A free family cooking class where families cook together to prepare nutritious meals. Call 306-375-7923, email info@foodbanklearning.ca.

Dragon Tales Day

The first and third Thursday morning each month during the school year at St. George's Anglican Church, 628 Ave. 1. A free meal and lot programs. Call 243-7973.

Mom and Baby Outdoor

Stroller Picnic Class Tuesdays and Thursdays June 3 to Aug. 28, 10:30 a.m., along Mainway Trail. Meet new moms and get a whole body workout. To register call 306-370-2838 or email saskatoonstrongmama@gmail.com.

Saskatoon Strong Mamas on Facebook**Sleep in Stroll**

Fridays, 9:30 a.m. to 10:30 a.m., meet in front of Customer Service at The Mall at Lawson Heights. Classes exercise, parent-walking, baby-sleeping moves and exercise tubing and a socializing for parents and babies. Freeplay at Westhumber-Saskatoon/Steeles area. No classes on St. Holidays.

Coffee Time for Moms

Fridays, 10 a.m. to 12:30 p.m., at Stoddard Stoddard 35-705 Central Ave. Moms enjoy a free cup of coffee while children play in the playground.

Baby Talk at SPL

Fridays, 10:30 a.m., at Alice Turner Theatre, Mondays, 10:30 a.m. at Carle King Birch and 15 Wood Street,

and Tuesdays, 10:30 a.m., at CMT Wright. Donch. Half-hour singing and rhymes, then mingle with other parents.

Craft and Story Time

Saturdays, 11 a.m., at Indigo Books, 3022 English St. E. in the kids' section. Call 306-364-5377.

Something on Sundays

Sundays, 2 p.m. to 4 p.m., at the Mindful Art Gallery, 930 Spadina Cres. E. Free family fun for ages four to 12, accompanied by an adult. Art-making activities led by gallery artists. Supplies are provided. May 18, make your museum for International Museum Day.

Prenatal Yoga

Wednes, 10 a.m. to 11 a.m., at Pregnancy and Parenting Health Centre, 348 Third Ave. S. Beginner to intermediate yoga designed to help with postpartum recovery. Baby-friendly class with a certified yoga teacher. Suitable for four weeks to two years postpartum. Register at www.pregnancyandparenting.ca/yoga. No class on St. Holidays.

Prenatal Yoga

Mondays, 6 p.m. to 7 p.m., at Pregnancy and Parenting Health Centre, 348 Third Ave. S. Join for a prenatal and certified yoga teacher. Informative and safe for any stage in pregnancy. Call 306-251-0443 or email pregnancy@pnhc.ca. No class on St. Holidays.

Drop-in Playground

Mondays to Fridays through May, 9:30 a.m. to 11:30 a.m., at Monk Park Soccer Centre, 215 Riverside Dr. An inclusive public playground with new toys, sporting equipment, top and books for children up to age six. Food and drinks are welcome, and the building is parent-free.

EVENTS

Bibbidi Bobbidi Boo Playroom

Mondays to Fridays, 10:30 a.m. to 4:30 p.m. and Saturdays, Thursdays, at Bibbidi Bobbidi Boo, 8-100 Central Ave. With a vet area, kitchen and shopping centre, puppet theatre, stage and crafts. To book groups, or to check for availability, call 306-366-4477 or email bibbidibobbidi@astask.net.

Mom and Baby

Mondays until June 30, 10 a.m. to 11:30 a.m., at St. Paul's United Church, 434 Egbert Ave. Learn, share and connect with other moms and babies in your community. Learn from local experts about a variety of topics for modern moms. Visit www.momandbaby.com/saskatoon.

Playgroup

Tuesdays, 9:30 a.m. to 11:30 a.m., at Grace-Woodminster United Church. Hosted by Heather Harts Learning Community, a group of families inspired by Waldorf pedagogues. Programming is aimed at children ages two to five, but all ages are welcome.

Preschool Story Time

Tuesdays, 10:30 a.m. to 11 a.m., at Melville Robinson, 2030 Eighth St. E. For children ages three to five in the grade of three. Call 306-925-1477.

Dancing for Birth

Tuesdays until June 3, 5 p.m. to 7:00 p.m., at Prosperity and Learning Health Centre, 248 Third Ave. S. A six-week course: dance classes to put an expecting mother more at ease with her body, and mentally and physically ready to embrace the birth experience. To register visit www.birthrhythms.ca.

Newborn Years

Tuesdays until June 17, 10:30 p.m. to 9:30 p.m., at Preg-

nancy and Parenting Health Centre, 248 Third Ave. S. A comprehensive childbirth education series, preparing parents for the birth of a child. To register visit www.birthrhythms.ca.

Car-Am Communities Camp

Until June 21, and July 7 to Aug. 26 at 3102 Mitchell Ave. Various schedules for ages two to 16. Visit www.carammunities.ca.

BRICKS & KIDZ - Saskatoon

Regular after-school programs, enrichment classes and camps for kids of all ages at various locations in Saskatoon. An atmosphere for students to build unique memories, share talents, and have fun using LEGO bricks. Visit www.brickskidz.com or call 306-679-2749.

Saskatoon Public Library Programs

Offering daily programs for children and families. Find the calendar at saskatoonlibrary.ca/index/3036.

SPECIAL EVENTS

Speech Dealing and Information for the Herd of Haring

May 15 and 28, 1:30 p.m. to 3:30 p.m., at Saskatchewan Deaf and Hard of Hearing Society, 5-511 First Ave. N. Hosted by the Hard of Hearing Association. For information call 306-249-9337.

Fuzz

May 14-15/16/17 p.m., at Bishop J. Mahoney High School. A fusion of the arts. With music, play, monologues, choice, poetic arts, visual arts, home-based business mentoring. Tickets at picnic carnival.

Springfest

May 14-16 at the Danvers Cultural Centre, 190 Curlew Ave. Celebrating the best of



The Saskatoon Lions Band celebrates their 65th anniversary with a run-on May 17.

of the white swans and the arrival of spring.

Operelec Book Sale

May 15, 10 a.m. to 6 p.m., and May 16, 10 a.m. to 2 p.m., at Sherbrooke Community Centre, 451 Acadia Dr. Hosted by the Sherbrooke Community Day Program. A fundraiser for the Free the Children "Adopt a Village" program and the Sherbrooke Community Day Program.

Ladies Night Out

June 14, 6:30 p.m. to 1 a.m. at the Southern Curling Club, 141 Jessup Ave. Dancing, table, shopping and prizes. With home-based business mentoring. Tickets at picnic carnival. Deadline is May 16. Proceeds support Camp Gratz School.

Canadian Light Source (CLS) Public Tours

Thursdays, 1:30 p.m., and May

15, 7 p.m., at the Canadian Light Source, 44 Innovation Blvd. The synchrotron research facility is open for the public. Preregistration is required. Call 306-657-3644, email outreach@lightsource.ca or visit lightsource.ca/edu-outreach, www.csls.ca.

Fourth Annual Yellow Carpet Charity Event

May 25, 7 p.m., at 1615 L'Amour Ave. Hosted by Leman Tse, Selan A. Studio Wine Tasting and a Fashion Show. Donations of clothing, shoes, handbags and accessories will be accepted May 15-25 on location, and at the event. Visit themoreon.ca.

Benefit Concert for a World Vision

May 16 at Elton Tabernacle, 419 Simpson Rd. Call 249-2000-1914, 200-220-1826 email benweb2008@hotmail.com or

asthob@hotmail.com

Picture the Forest

May 16-19 at Nexus Creek. Two overlapping workshops on the relationship between our experience of the natural world, our habits of perception and the way we make visual representations. Participants with Kim Ennis and photographer with John Murray. Open to artists at all skill levels. Painters must supply their own tools. Email kimennis@shaw.ca or jmurphy.sasktel.net.

Dried Sheep and Sheep

May 17, 10 a.m. to 6 p.m., at Confederation Mall. Farmer brides will share their experiences, offer tips and have gently used wedding items for sale.

Saskatoon Lions Band 60 Year Reunion

May 17, 11 a.m. to 8 p.m., at

Clip Park Collegiate. Fashion show of uniforms, trophies, award displays, video and a concert. Former and current members, alumni and the public are welcome.

Search for Saskatoon's Next Drag Superstar

May 17, 9 p.m., at Dave's nightclub, 114-120 Third Ave. S. Hosted by Miss Dave's 2004, Stasia Adams. Featuring celebrity judge and performer Courtney Act from *RuPaul's Drag Race*. The winner will attend the VIP finale party in New York City. Tickets at purple pride.ca and at Dave's.

Paint the Block

May 17, 9 p.m., at Lulu's Pub, 93 Campus Dr. A fundraiser for the artists painting the Women Road wall. Featuring Drivz, The Alphas, Punks Pot, The Alphas, Kato and RJ Haywood.

EVENTS

Literally Baroque

May 17, 8 p.m., at The Refinery, 609 Guffman Ave., Riverside Baroque Club's annual spring show, a literary-themed show with all new works inspired by art world of literature. Followed by an after-party at Free Flow Dance Centre, 226 25th St. W. Featuring The Chokkies. Ages 19+. Tickets at 306-653-5891, theboards.ca.

Flaiko Latin and Dance Workshop

May 17-18 at Sutherland Hall, 1112 Central Ave. With Gracia Maya Latin Dance Group, Ana Torres and Maxwell Audier. Dances and workshops showcasing Latin culture. Register at 306-243-6733.

Compassion in the 306

Runs until May 18 in Sanislacion. The Mandala of Compassion at the Farmers' Market, a sacred seed painting created by the venerable Lasing families. With a dismantling ceremony May 18, 4 p.m. Featuring a media art by Theodor, a drum circle at River Landing, a meditation retreat at St. Peter's Abbey in Munster, and the artist at work through the event. Information on Facebook.

Open House

May 18, 1 p.m. to 4 p.m., at the Meer Residence, 326 11th St. E. Spend an afternoon enjoying the historic house and garden. Bring suggestions for programs you would like to see at the Meer.

Tonight Is Poetry

May 18, 7:30 p.m. at The Basement. Featuring Write Out Loud. Tickets at salabook-labourtheory.ca.

THEATRE**A Rejoice Built for Two**

May 15, 7:30 p.m., at The Refinery. Presented by Theatre



Chokkie Part of Riverside Baroque will be performing Literally Baroque May 17/8 p.m. at The Refinery. theboards.ca

of the South. A comedy that follows three couples in various stages in their relationships. Tickets at 306-653-5891, theboards.ca.

The Olio and the Showmaker

May 16-25 at The Refinery. With Open's last show of the season. See theboards.ca

Journey of unfortunate adventures to find happy endings for all the characters in this tale. With familiar Baystate and many other characters. Tickets at widescreen.ca, 306-663-5460.

Event listings are a free community service offered by Bridges. Listings will be posted 30 days in advance.



Next week in BRIDGES

Winston Blake and the Restorative Action Program put community workers in local schools to benefit kids

ASK ELLIE

Wife needs to take action after husband's departure

Q. I've been married for 30 years to my high school sweetheart, we dated since we were 16. We have two sons at university.

My husband loves long drives, but drives very well. We always took great family trips and also entertained frequently at our home with all our friends and the kids' friends too.

My husband also had his own time golf trips with his buddies, regular hockey and baseball game tickets — and he brought me lovely presents on every occasion. I thought we were the rare lucky ones.

Suddenly, he announced he needs "time and space" on his own, and moved out before I even knew what he meant. He talks to us once every day, and calls me every night at 10 p.m. to see if I'm still alive.

I cry a lot and am seeing a therapist, but he'll give me signs of when and if he'll return.

He insists there is no one else, but he doesn't answer my calls after dinner, and won't allow me to visit his new place.

Ask Ellie



What do you think I should do?

Can't Stop Crying

A. See a lawyer. You need to get as informed about what all this means to you, now and not just what he'll do when he's not here.

Go on your own for legal advice from someone not associated with him. You need to know your current legal and financial position, not just regarding a divorce.

The more money you're already living "separate" and you need a legal agreement to that effect — what should money go to — what do you want your education and living expenses what assets remain, yours if he doesn't return, how you'd share

or divide just assets such as house, cars, investments, etc.

He's asked authorities, probably having gotten his own advice. Don't be a victim. Counseling will help you decide how to handle what happens next.

Q. My wife and I got into a fight with her friend to live with us for two weeks, with it from out of town.

During her stay with us, she stole our laptop computer.

She returned it, but only after I told her that I had proof that she was the one who took it.

My wife wanted that we forgive her and be friendly to her because she is a friend of our daughter.

This woman is 30 years old.

However, I lost my trust in her sense of judgment and I don't want to associate with her.

What is the best solution for my wife and I on how we should deal with her?

Distracting Host

A. If she didn't ask to "borrow" it,

give you a logical explanation, and didn't apologize, there's no question this woman can't be trusted.

Friend or not, your daughter should be told this if she's of a certain age who'll handle it on her own, but she should at least know why she feels differently towards her friend, why you can't ever offer your house to her again, and why your daughter should be wary of trusting things to her.

As a friend, your best bet is to ask her why she believes he'll be different and what he's done to prove he can be a loyal husband and father, let her ponder that on her own.

Also, suggest that the two get couples counseling to try to work on a better relationship than their pattern of the past.

Stay done, if you can. She'll likely need support.

Q. My 15-year-old daughter (nearly 16) has been in an on/off relationship for two years. Her guy has cheated and openly disregarded her.

She breaks up when these things happen but then takes him back. They're now talking about getting married and having kids. Can this possibly work?

Concerned Friend

A. Not likely. There's no strong reason so far for him to change his ways. She takes him back, which shows her inability to set limits and stick to them. This shows a repeat ability/cycle to cross the line.

As a friend, your best bet is to ask her why she believes he'll be different and what he's done to prove he can be a loyal husband and father, let her ponder that on her own.

Also, suggest that the two get couples counseling to try to work on a better relationship than their pattern of the past.

Stay done, if you can. She'll likely need support.

TIP OF THE DAY

Don't be a victim when a partner suddenly leaves. Get informed to help decide what a hand for you.

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GARDENING

GARDENING IN SASKATCHEWAN

Asparagus a perennial vegetable worth the wait

By Jackie Bantlie

Avoid vegetable gardeners go through a series of mistakes every spring, the most important of which is selecting and purchasing new vegetable seeds. Asparagus, a long-lived perennial vegetable, is an exception to that rule.

Asparagus (*Asparagus officinalis*) is native to most of Europe, northern Africa and western Asia. It grows best in cooler climates with warm summers and cold winters.

You can start asparagus from seed directly in ground, but it's best to start it indoors in February. Check out your local garden centre now for asparagus transplants or young seedlings.

Because asparagus is perennial, it is very important to prepare the soil with care and attention. If possible, choose a well-drained area with loose to sandy loam soil and asparagus planted into poorly drained soil is prone to disease.

Prior to planting, add a layer of well-rotted manure (at least a one-deep) incorporate the manure into the soil and ensure the area to be planted is well-worked. Weed control is essential during the first years.

Asparagus seedlings, transplants and crowns should be planted in spring or early summer. Planting too soon means the ground has thawed and the soil is only moist. Dig a trench at least 30 cm deep. Place seeds, crowns or transplants in the trench covering them with 5 cm of soil.

As the season progresses, fill in the furrows a little every few weeks. After planting part of the plant but never burying it by the end of the growing season the trench should be level with the surrounding soil.

Space plants 30 cm within the row and 1 m between rows. After planting regular transplants, water them with 18-30-18 fertilizer mixed according to label directions. This fertilizer is high in phosphorus and encourages root growth.

While the new transplants or seed-



Asparagus is a perennial vegetable. Don't harvest for the first two years. These spears are ready to be picked. PHOTO COURTESY BOB JETSON

lings need moisture for good growth. It is important not to overwater a new asparagus patch. It is best to water deeply but less frequently, allowing at least the top 3.5 cm of soil to dry thoroughly before re-watering.

Potatoes are said to be a terror and with new asparagus plantings that still use supplies in Quebec. When it comes to waiting for the first harvest to not harvest for the first two years. During the third year you can harvest for two years. Starting with the fourth year, you can harvest for the

full year to six week period until the end of June.

Spikes can be cut when they are about 30 cm tall. Cut the spear 2.5 cm below ground, taking care to avoid damaging new shoots yet to emerge. In a productive patch, you could be harvesting as often as every other day.

After July 1 through to frost, top growth (1 to 1.5 m tall) must be allowed to rebuild crown energy reserves that have been drawn down from the harvest. Harvesting just

July 1 weakens plants and leads to reduced harvest in the following year. Plants can be left standing over winter to trap snow. Since the crown is covered with several inches of soil mulching is usually not required. But if it is an open area, a 30 cm mulch layer will reduce winterkill.

Georgie Middleton is a male by birth with good yield, excellent the year and disease resistance. It was developed in Canada and is dependably hardy on the prairies. Two other cultivars that I'll mentioned are Jer-

sey Knight and Jersey Supreme both are male hybrids with good yield.

Bantlie is a horticultural advisor for the Saskatoon.

Have a gardening question? Call Jan Gardener, 366-466-5655 or per-don@shaw.ca.

This column is presented courtesy of the Saskatchewan Perennial Society (www.saskperennial.ca, hortem@shaw.ca). Check out our bulletin board or e-bulletin for upcoming local horticulture events in May.

SIGNS OF SPRING PHOTO CONTEST

Get your camera ready to welcome the season. We're looking for your best shots of the first blooms, leaves and shoots you can find in your garden, park, farm or field.

Photos must be good quality in focus and high resolution. Add an explanatory caption on photo. Two winners will be randomly chosen from the top 20 entries to receive a copy of *Lynette Perrier's* new book *The Home Start Season* book.

Bridges will print a selection of the top entries in a subsequent issue.

Contest closes May 28. Send your photos to info@thesaskphoto.com. Contestants must hold all the rights and authorization for images. Contestants give Bridges the right to reproduce and publish submissions.

WINE WORLD

#SASKATCHEWAN LIQUOR SCENE

It's time for beer lovers to discover home brewing

By James Romanow

All beer drinkers should make beer at least once in their life. It's fascinating to discover how easy it is. The average craft brewer is so sure that you are only a craft brewer if you brew corn. Meanwhile, they are cheerfully rejecting their brews with everything from pumpkin to espresso. I'm a more Catholic drinker and so am unsure why corn, wheat or any other "adjunct" is believed to be so delicious with a beer on one's lips as varieties.

If you do large batches, you are back to an incredibly simple recipe — water, barley, yeast. There are, like any other food preparation, tricks and nuances, but the craft is pretty simple. Even so, most of us are too busy to save money and do it ourselves. Last winter I came across the *Big Gerd* a kit that is both easy and looks good.

MB Bottle Beer of Ontario produces kits to brew famous the classic brews being Mexican Corona, a red Mexican lager style, Bohemian Pilsener, a sharper Bohemian style lager and a pilsner. All are extraordinarily drinkable.

It takes 18 days to make a beer. Enough for forty sun. They're available in seven days. All you have to do is add the yeast to the pre-made wort, close with a special airlock cap and wait.



At the end of those 18 days, you have the equivalent of a six pack. Each kit from MB has four bottles, so each kit makes a total of 34 beer, and is a two litre container.

Home brewing may change your life, it will certainly make you more opinionated about the "fresh" don't do it up number of pubs.

Home Breweries carries all three flavours across the province. Those in the know record toward the Bohemian Pilsener.

MB Bottle Beer ***

More your favourite breweries in Monday's paper and on Twitter @drbosc

Crossword/Sudoku answers

PSET	PAWS	MUSKY
OMAN	ADGE	OPINE
YILY	PARA	ALLEN
ALL	WATERSNAKE	
TENSILE	KEN	
OGROG	STRADOOLE	
	RES	DAT
WHAT	SIN	THEBOXES
ORI	NEE	SEY
WORD	IN	MISS
	ONE	FIGURE
FIRST	LIGHT	SOD
MASAI	ASHIE	TSAR
RINDS	TOES	ALTO
SNOUT	ENOIS	BEES

8	5	9	4	6	2	3	1	7
4	6	3	1	9	7	2	5	8
7	1	2	5	3	8	6	9	4
6	2	8	3	4	1	9	7	5
9	4	7	8	5	6	1	3	2
5	3	1	2	7	9	8	4	6
2	7	4	6	1	3	5	8	9
3	8	5	9	2	4	7	6	1
1	9	6	7	8	5	4	2	3

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